□ **DAY 24**

Asking for forgiveness from friends we hurt or offend can feel impossibly hard. Even for adults! But the Bible tells us time and time again how important it is to forgive . . . and to repent. Spend some time right now praying that your teen would be a forgiving friend. And that they would be someone who is willing to ask others for forgiveness when they need to.

□ DAY 25

Proverbs 17:17 says: "A friend loves at all times, and a brother is born for a time of adversity" (NIV). As parents, we often spend a lot of time praying that our teen would have good friends. But isn't it just as important that we pray our teen is a good friend? Pray today that your teen would be a friend who loves at all times. That they would help when trouble comes.

□ DAY 26

Discernment doesn't come naturally to everyone—especially teenagers. Pray today that God would help your teen understand the difference between friends who make them *feel* good and friends who are actually *good* for them. Ask God to help them choose friends who speak the truth even when it's hard to hear.

□ **DAY 27**

Proverbs 18:24 says: "One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother" (NIV). Regardless of how long and hard you pray, your teen will eventually be hurt by a friend. Or maybe your teen doesn't have many friends at all. Maybe they feel left out. Less-than. Forgotten. Pray today that God would gently remind them that they do have a faithful Friend—Jesus—a forever Friend who never breaks promises, never lets us down, and always sticks closer than a brother.

□ DAY 28

The Bible warns us of the danger of being friends with someone who has a bad temper (*Proverbs 22:24-25*). It says that if we spend time with them, we'll become like them—angry and bitter. First, pray that your teen would be a friend who is slow to anger. Then, pray they'd steer clear of anyone exhibiting signs of having a quick temper. And if they've already become friends with someone who fits this description, pray they'd have the courage to walk away.

□ **DAY 29**

There is a kid in every school, community, and church who is lonely and friendless. They're the kid who sits alone at lunch, or the one slumped in the corner during small group, avoiding eye contact. Spend some time praying that your teen would be a friend to the friendless. Pray that they would follow the example of Jesus and go after the hearts of those who have been overlooked by everyone else.

□ DAY 30

Matthew 5:9 says: "Blessed are the peacemakers, for they will be called children of God" (NIV).

Jesus came to bring peace to a lost world. And we follow His example by doing the same. Pray now that God would make your teen a peacemaker—a calming force in all their friendships. Pray that mercy, patience, and love would be synonymous with the way they do friendships.

PARENT CUE

30 PRAYER CALENDAR

This 30-Day Prayer Calendar was created as a tool to help you pray daily for your family. Each day consists of a prayer prompt. While there are "weekly" themes, if you miss days in between, that's okay! Just pick up where you left off.

WISDOM

□ DAY 1

James 1:5 says: "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you" (NIV). The Bible promises to give wisdom to anyone who asks. Take a few minutes to pray that your teen would seek wisdom in all things. Pray you would be a good example of someone who asks for wisdom, receives it, and lives by it.

□ DAY 2

Sometimes it can be hard to discern wisdom from all other thoughts and voices in our culture. Pray that God's voice would be the loudest in your family's hearts—that they would hear His voice and be obedient to it.

□ DAY 3

Who are the wise people in your teen's life? Those who walk with the wise become wise. Spend some time asking God to surround your teen with adults who are full of wisdom. Pray your teen would trust these adults and lean into their experience and knowledge.

□ DAY 4

What is an area you struggle or have struggled with in hearing from God? Your teen might struggle in the same ways. Spend some time praying for your teen—that they'd take special care to ask for God's wisdom in this area and to make the right choices.

□ DAY 5

It can be tempting to think you're on your own, and can rely on your own abilities. Wisdom requires humility. Spend some time praying that your teen would be filled with humility—that they would recognize their need for guidance and direction.

□ DAY 6

Sometimes being wise means denying ourselves things and relationships we want. Pray that God would give your teen wisdom to know when to say *no*, walk away, and close a door for good.

□ DAY 7

Spend some time reflecting on the hardest lesson you ever learned as a result of not using God's wisdom. Thank Him for bringing you to the other side of that battle. Then, pray that when your teen fails to use wisdom (which they will at some point!), you'll have the right words to say and advice to give to help them get to the other side as well.

RESPONSIBILITY

□ DAY 8

Galatians 6:5 says: "For each one should carry their own load" (NIV). Responsibility is a word that's thrown around a lot. What each of us is responsible for is often a topic of debate (and more often, what others are responsible for). Spend a few minutes asking God that He would make clear what your teen is responsible for—now and tomorrow.

□ DAY 9

It's easier to show responsibility when it benefits us. For example, it's easy for a teen to be responsible with their tablet or cellphone because they love their tablet or cellphone. But what about things that don't belong to them or that they don't care about? Take a few minutes to pray that God would help your teen show responsibility when it's easy and when it's not so easy.

□ **DAY 10**

The Bible says that each of us is given a unique gifting from the Lord (Romans 12:6-8). Spend a few minutes thinking about the unique gifts God has placed within your teen. Then, pray that they would feel the weight of the responsibility to use those gifts in ways that make others feel loved and point them to Jesus.

□ DAY 11

There will come a time when it won't be your job to remind your kid to study for the SAT, read their Bible, or pick up their dirty clothes. Pray today that your kid would become responsible for their own health—physically, spiritually, and relationally. And that as they get older, their level of self-responsibility would grow and mature right along with them.

□ DAY 12

Our society does a great job of giving people "outs." No one wants to take responsibility. Spend a few minutes praying that your teen would learn that their choices now affect their lives later. Pray they'd grow to be men and women who own their sins and shortcomings, and are responsible enough to confess and repent.

□ DAY 13

In the Great Commission, Jesus charged the disciples with a specific responsibility: "Therefore go and make disciples of all nations" (Matthew 28:19 NIV). In turn, Jesus commands the same of us. Pray that your teen would respond to Jesus' words and be responsible for leading others to the truth of the Gospel throughout their lives.

PERSEVERANCE

□ DAY 14

Galatians 6:9 says: "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up" (NIV). One of the hardest parts of perseverance is that you aren't sure when (or if) you're doing any good. In a lot of instances, "doing good" means waiting patiently and hopefully . . . and no one likes to wait. No one. Spend a few minutes asking that God would carry and encourage your teen to continue "doing good" even in the waiting.

□ **DAY 15**

Have you ever tried something and failed? When you're in that season, all those "it's-okay-to-fail" quotes aren't very encouraging. At the same time, failure isn't always a closed door. Sometimes, God wants us to persevere. Spend some time asking God that your teen would always have the courage to *try*, even after failure.

□ DAY 16

Joshua 1:9 says: "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go" (NIV). One of the main reasons people give up instead of persevering is fear. And understandably so! Life can be tough. But what if your teen grew up truly believing that God was always with them? What could they accomplish? Pray now that God would make that truth evident in their life now and in the future.

□ **DAY 17**

Sometimes we need help to persevere. We need a coach. We need a friend. We need a mentor. We need an accountability partner. Pray now that God would continue to place encouraging and courageous people in your teen's path—people whose own lives reflect the value of persevering.

□ DAY 18

There are people whose words may cause us to give up before we should. Maybe it's a teacher's offhand comment. Or something a coach yells out of anger. Or a brother who teases a little too much. Maybe it's a friend who loses their temper often. Wounds can come from anyone. And they can hinder our perseverance. When they do encounter these types of verbal jabs, pray that they would believe what God says over anyone else, and that they would continue to persevere.

□ **DAY 19**

Often, perseverance requires sacrifice. Practicing in the hot sun or pouring rain. Studying instead of scrolling through social media. Getting up and moving around instead of sitting in front of a computer or screen for hours. Spend some time praying your teen would be someone who understands the value of sacrifice.

□ DAY 20

The Bible tells us that our concept of time is different from God's (2 Peter 3:8-9). Pray now that your teen's patience would be just as long-suffering as their perseverance. Pray that they'd be reminded that our timing is not always God's timing—but that God always honors our perseverance.

□ **DAY 21**

In Matthew 11:28, Jesus gives us an invitation: "Come to me, all you who are weary and burdened, and I will give you rest" (NIV). There's a difference between perseverance and striving. Striving requires strength from ourselves, whereas perseverance requires strength from God. Spend a few minutes praying your teen would grow up knowing they can always come to Jesus for rest and restoration.

□ **DAY 22**

Philippians 1:6 says: "Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus" (NIV). God perseveres. He will never leave something unfinished—not a plan, not a problem, not a person. Spend a few moments thanking God for His perseverance. Then, pray your teen would always remember the perfect model for perseverance—God.

FRIENDSHIP

□ DAY 23

Proverbs tells us what's at stake when it comes to our friendships. It says: "Walk with the wise and become wise, for a companion of fools suffers harm" (13:20 NIV). Our friendships have an incredible impact on our lives. Wise friends make us wiser. Foolish friends make us more foolish. It's never too late to begin praying for your teen's friendships. Spend a few minutes right now asking that God would fill your teen's life with friends and mentors who love God and them in abundance.