



## What I Really Want / Week 3

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### BEFORE GROUP

#### BOTTOM LINE

Jesus helps us when we're tempted.

#### SCRIPTURE

*Romans 7:14b-15 NLT*

*Romans 7:18-20 NLT*

*Romans 3:23-25 NLT*

#### GOAL OF SMALL GROUP

To point students toward acknowledging what is tempting them and asking Jesus for His help to resist it.

#### THINK ABOUT THIS

Be careful of judgment in this week's conversation. As students open up about temptations they're working to

resist, be quick to redirect or shut down any judgments from your few about the things others may be struggling with. The goal is to encourage students to give grace not just to themselves, but to others in the group. A lot of people don't talk about temptation or ask for help with what they're dealing with because they're scared they might get in trouble or be judged. This can be true even for adults! Keeping our struggles with temptation a secret is a habit we want to break in your few now. And one of the ways you can do this is by creating a safe space to share with you and within your group to. Make leading with grace the goal in your group this week!

*This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here.*

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### DURING GROUP

#### ICE BREAKER

If you could only pick one, which would you choose to have: YouTube or TikTok?

#### DISCUSS THIS

1. On a scale of 1 to 10, how easy is it for you to admit what you're tempted by?
2. What's one reason someone might not ask for help when they're tempted?
3. What's one way you can find help when you're tempted?
4. What's one way you could help someone else when they're tempted?

#### DO THIS (EXPERIENCE)

Read the provided prayer guide out loud to your group. Pause when prompted for students to think about and pray for specific areas in their lives.

# PRAYER GUIDE

ASK YOUR STUDENTS TO SPREAD OUT AROUND THE ROOM AND CLOSE THEIR EYES SO THEY'RE NOT DISTRACTED BY ANYTHING AROUND THEM. READ THE PROVIDED PRAYER GUIDE OUT LOUD, AND PAUSE AND PROMPT STUDENTS TO THINK ABOUT, PRAY FOR, OR REPEAT OUT LOUD WHAT YOU JUST READ. YOU ARE GUIDING THEM THROUGH AN INTERACTIVE PRAYER EXPERIENCE.

GOD,

THANK YOU FOR LOVING ME AND HELPING ME WHEN I STRUGGLE WITH THINGS IN MY LIFE.

LATELY I'VE BEEN TEMPTED BY \_\_\_\_\_

DEALING WITH THIS TEMPTATION MAKES ME FEEL \_\_\_\_\_

I KNOW THAT I NEED YOUR HELP TO DEAL WITH THIS TEMPTATION.

PLEASE GIVE ME STRENGTH TO STAND STRONG WHEN I'M TEMPTED.

HELP ME TO REMEMBER THAT BECAUSE OF YOUR LOVE AND FORGIVENESS, I CAN START OVER WHEN I GIVE IN.

AND PLEASE HELP ME USE WISDOM THE NEXT TIME I'M TEMPTED TO CHOOSE YOUR BEST FOR MY LIFE INSTEAD.

GOD, I KNOW THAT NO ONE IS PERFECT.

PLEASE REMIND ME TO OFFER FORGIVENESS AND GRACE TO PEOPLE IN MY LIFE WHEN THEY MESS UP. HELP ME SHOW THEM THAT I CARE AND THAT I BELIEVE THEY CAN START OVER.

THANK YOU FOR ALWAYS WANTING WHAT'S BEST FOR ME, FOR ALWAYS BEING FOR ME, AND FOR HELPING ME WHEN I'M TEMPTED.

AMEN

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