



Movement / Week 2

BEFORE GROUP

BOTTOM LINE

Do something you're scared to do.

SCRIPTURE

Jesus came and told his disciples, "I have been given all authority in heaven and on earth. Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age" (Matthew 28:18-20 NLT)

GOAL OF SMALL GROUP

To show students they have the power right now, as middle schoolers, to step up, step out, and create positive change in the world.

THINK ABOUT THIS

Remember that "scary" is a relative term here. The things that might feel like scary steps to take for some kids—speaking up in small group, signing up for a mission trip, inviting a friend to church, donating money to a cause—may not be a big deal at all for others. It's important to not downplay or diminish anything students share that feels intimidating to them. Instead, take the time to validate how they feel and then speak truth over them. You're in such a unique position to be a voice that speaks real courage into their fears. And the reality is, you may be one of the only adults in some of their lives who sees and calls out their potential to do big things as a part of the movement of Jesus. Don't miss the chance to do just that! Be sure to encourage even the smallest of steps you see your students take toward stepping out to do something they're scared of for the sake of serving others.

This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here.

DURING GROUP

DISCUSS THIS

1. If you could change anything about the world, what would you change and why?
2. On a scale of 1-10, how much power do you think middle schoolers have to change something?
3. How do you feel when someone tells you that you can change the world?
4. What's one reason doing something to serve others might be scary or uncomfortable?

DO THIS (EXPERIENCE) 1

Ask students to write down on a sticky note what they're scared to do when it comes to service. Then have them place their notes on the wall or on the ground.

5. What similarities or differences do you notice about the things that are written down here?
6. Even though these fears are real, why is it still important to serve?

DO THIS (EXPERIENCE) 2

End your time in prayer, asking God for the courage to overcome the fears that students wrote down when it comes to serving others. Hand out the take home "baton" as a reminder to students that God gives us courage to be part of His movement of servanthood.

Note to Ministry Leader: In Week 2 of this series, students will be given a take home "baton" as a reminder that God gives us courage to overcome our fears when it comes to serving others. Don't forget to purchase the batons ahead of time. Pool diving sticks or glow sticks would work great for this XP!